

If your procedure is going to be at Waverly Lake in Albany you must complete your medical history online at www.waverlylakesurgery.com. Once you get to the website, on the right-hand side click: Online Pre-Op, to register. If you are a previous patient at Waverly Lake log in using your previous username/password and update your history. You may also call us to complete your medical history over the phone. Keep in mind this can take up to 30-40 min, please be prepared with your medications, allergies, surgical history, and all other medical history.

Waverly will call you to schedule a procedure. If you have not been called after 10 days, then reach out to us.

If you have any questions or concerns regarding scheduling procedures; call Waverly Lake @ 541-918-4210

Before the Procedure

Transportation: We require that you have a responsible adult driver to and from the procedure appointment.

Hygiene: To reduce the risk of infection, please take a bath or shower the night before or morning of your procedure.

Health: the procedure **CANNOT** be performed at all, if you have an **active or recent infection, flu, cold, fever**, uncontrolled high or low blood pressure, or if you are on blood thinners. **Please make your physician aware of any of these conditions, if there is a change in your health, or you are put on antibiotics prior to your procedure. This is for your safety!**

Pregnancy: You **MUST** contact our office before the procedure if there is any chance you are pregnant. A pregnancy test will be administered upon check-in.

Clothing: Wear loose fitting clothing (sweats, elastic-waisted pants), and remove all excess metal (belts, earrings, necklaces, body piercings)

Time: Please allow about an hour and a half for your appointment

Medications: Please stop the following medications unless otherwise instructed. **Prior to stopping these, please check with your Cardiologist or PCP to make sure it is safe to do so!**

Medication name	When to stop
Ticlid (Ticlodipine)	7 days prior
Plavix (Clopidogrel)	7 days prior
Aspirin (Bayer, Ecotrin, Alka Seltzer, Baby ASA, Full ASA, Aggrenox)	7 days prior
Coumadin/Warfarin (Confirm with your MD or Coumadin Clinic to ensure it is safe to stop)	5 days prior
Pradaxa	4 days prior
Arixtra (Fondaparinux)	4 days prior
Eliquis (Apixaban)	3 days prior
Xarelto (Rivaroxaban)	3 days prior
NSAIDS (Ibuprofen, Advil, Motrin, Nuprin, Aleve, Naproxen, Diclofenac, Relafin, Lodine, Salsalate, Meloxicam, Piroxicam, Celecoxib etc.)	3 days prior
Lovenox (Enoxaprin) /Fragmin	6-24 hours prior
All herbal medications, supplements, Fish oil, Vit E	2 days prior
INR MUST BE 1.4 OR LOWER FOR ALL SPINAL PROCEDURES	

****For IV Conscious Sedation:** Do not eat **8 hours prior** to your procedure. You may drink **water up to 2 hours prior** to your check in time.

****For Oral Sedation Only or Local Only Patients:** You are **not allowed to eat or drink 2 hours** prior to your procedure time.

****Oral Sedation Patients:** Your prescription for diazepam will be called into your pharmacy the day before your procedure.

After the procedure

You **MUST** have a responsible driver to take you home.