



If your procedure is going to be at Waverly Lake in Albany you must complete your medical history. You may visit our website www.waverlylakesurgery.com and find it under patient forms. You may return it via email to staff@waverlylakesurgery.com. You may also call us to complete your medical history over the phone if you don't have internet access. Keep in mind this can take up to 30-40 min, please be prepared with your medications, allergies, surgical history, and all other medical history.

Before the Procedure

Transportation: We require that you have a responsible adult driver to and from the procedure appointment.

Hygiene: To reduce the risk of infection, please take a bath or shower the night before or morning of your procedure.

Health: the procedure **CANNOT** be performed at all, if you have an **active or recent infection, flu, cold, fever**, uncontrolled high or low blood pressure, or if you are on blood thinners. **Please make your physician aware of any of these conditions, if there is a change in your health, or you are put on antibiotics prior to your procedure. This is for your safety!**

Pregnancy: You **MUST** contact our office before the procedure if there is any chance you are pregnant. A pregnancy test will be administered upon check-in.

Clothing: Wear loose fitting clothing (sweats, elastic-waisted pants), and remove all excess metal (belts, earrings, necklaces, body piercings)

Time: Please allow about an hour and a half for your appointment

Medications: Please stop the following medications unless otherwise instructed. **Prior to stopping these, please check with your Cardiologist or PCP to make sure it is safe to do so!**

Medication name	When to stop
Ticlid (Ticlopidine)	7 days prior
Plavix (Clopidogrel)	7 days prior
Aspirin (Bayer, Ecotrin, Alka Seltzer, Baby ASA, Full ASA, Aggrenox)	7 days prior
Coumadin/Warfarin (Confirm with your MD or Coumadin Clinic to ensure it is safe to stop)	5 days prior
Pradaxa	4 days prior
Arixtra (Fondaparinux)	4 days prior
Eliquis (Apixaban)	3 days prior
Xarelto (Rivaroxaban)	3 days prior
NSAIDS (Ibuprofen, Advil, Motrin, Nuprin, Aleve, Naproxen, Diclofenac, Relafin, Lodine, Salsalate, Meloxicam, Piroxicam, Celecoxib etc.)	3 days prior
Lovenox (Enoxaprin) /Fragmin	6-24 hours prior
All herbal medications, supplements, Fish oil, Vit E	2 days prior
INR MUST BE 1.4 OR LOWER FOR ALL SPINAL PROCEDURES	

****For IV Conscious Sedation:** Do not eat **8 hours prior** to your procedure. You may drink **water up to 2 hours prior** to your check in time.

****For Oral Sedation Only or Local Only Patients:** You are **not allowed to eat or drink 2 hours** prior to your procedure time.

****Oral Sedation Patients:** Your prescription for diazepam will be called into your pharmacy the day before your procedure.

After the procedure

You **MUST** have a responsible driver to take you home.