

What to Expect:

Surgery Amidst the Coronavirus (COVID-19) Pandemic

Your health is always of the utmost importance to us. During the pandemic we are taking extra precautions to keep you safe while awaiting surgery. If you are unable to adhere to these requirements your surgery may be delayed or cancelled. To proceed with surgery, you will be asked to:

- ✓ All patients must get tested for coronavirus (COVID-19) - Your Surgeon or Primary Care Provider will order a test for coronavirus to be completed approximately seven days or less prior to the day of your surgery.
- ✓ Self-Isolate as much as possible to decrease risk of exposure to anyone who might have coronavirus (COVID-19).
 - COVID-19 is a new disease and we are still learning about how it is spread. We do know it is most often spread between people who are in close contact with one another (about 6 ft). To decrease your risk of exposure prior to surgery, practice social distancing by keeping at least 6 ft between yourself and anyone who is not part of your household or has interacted with those outside your household.
 - When going out of your household (to the store, restaurants, or to your workplace) please wear a mask at all times as well as avoid crowds, parties, get-togethers, and eating out
- ✓ Cleaning and Personal Hygiene - COVID-19 can be spread by touching surfaces or objects that have the virus on them and then touching your mouth, nose or eyes.
 - To prevent this from occurring frequently wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer.
 - Always wash or sanitize your hands after
 - Blowing your nose, coughing, or sneezing
 - Before eating or preparing food
 - After contact with pets or animals
 - Before and after providing care for another person such as a child.
 - Frequently clean high touched surfaces such as tables, doorknobs, light switches, handles, phones, keyboards, toilets, sinks and faucets in your house.
- ✓ Symptom Tracking- Please perform symptom self-monitoring, with the chart provided, prior to your scheduled surgery date. These include fever ≥ 100.4 degrees F, cough, muscle aches, fatigue or difficulty breathing. If you have noted any of these or have been in contact with anyone exhibiting these symptoms, please notify us. We will also ask you to track your activity on the same chart, to make sure you are adhering to the social and physical distancing requirement.

If you have any questions, please call us at 541-918-4210

Thank you for choosing to receive your care from Waverly Lake Surgery Center!

PRE-SURGICAL PATIENT SYMPTOM and ACTIVITY MONITORING

Name: _____ Surgeon: _____ DOS: _____

Instructions

- Utilize this form to record your daily symptoms
- Use a “Y” for yes and “N” for no to indicate whether you have these symptoms
- You must use a thermometer to take your temperature
- If you, or someone you have been in contact with, develop any of the symptoms on the form, or you need further evaluation, please contact your Surgeon.

	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6		Day 7	
	AM	PM												
Date														
Fever $\geq 100.4^{\circ}\text{F}$ (or symptoms of elevated temp)														
Sore Throat														
Cough														
Runny Nose														
Shortness of Breath														
Changes to Taste or Smell														
Body Aches														
Self-Isolating & Physically Distancing?														
Have you traveled in the last 14 days? (flown, or driven to other states) If so, what state(s)?														

THIS FORM MUST BE COMPLETELY FILLED OUT & BROUGHT TO YOUR PROCEDURE. IF YOU DON'T BRING THIS, WE WILL HAVE TO CANCEL YOUR PROCEDURE



Pre-procedure Reminders

- We will contact you the day before your procedure to confirm you have not had any symptoms
- Fill out the pre-surgical patient symptom and activity monitoring form twice daily starting 7 days prior to your procedure. Remember you must bring it with you to your procedure. **If you do not bring your symptom and activity monitoring form, we will have to cancel your procedure.**
- Wear loose comfortable clothing as well as shoes that are easy put on / take off
- Bring and wear a mask (cloth or homemade is acceptable)

What to expect when arriving to the facility

- Call us when you arrive: 541-918-4210
 - Give us a description of your vehicle
 - A staff member will meet you outside to escort you in the facility
 - You will be screened for a fever and COVID-19 symptoms before entering facility
- Please leave as much as you can in the vehicle or at home
 - You may bring your insurance cards, cell phone, and a mask
 - **We ask that if you have one please bring a mask, otherwise you will be provided one upon arrival**
 - You may bring a book or reading material to keep you occupied
- You must bring the pre-surgical patient symptom and activity monitoring form
- Whoever is accompanying you, we ask them to wait into the vehicle. We will reach out to them when you are finished with your procedure.
 - Only exception is 1 person for a child under 18 or a Power of Attorney
 - This person will also need to wear a mask and will be screened for fever and COVID-19 symptoms before entering facility
 - There will not be access to a public restroom

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